



Product Information Page

SiseLYTE™

Electrolyte Blend

Island Breeze Flavor

Refresh with SiseLYTE Island Breeze, an electrolyte drink mix that is filled with fresh, fruity flavor, reminiscent of a coastal retreat, and is formulated to help boost body and cellular hydration. SiseLYTE improves hydration using natural salts and minerals, helps increase energy production, and supports muscle function and recovery.*

PRODUCT DESCRIPTION

SiseLYTE is designed with ingredients that effectively impact your hydration and help increase electrolytes. Electrolytes are essential for whole body function and can be replenished with the natural salts and minerals found in SiseLYTE, including Pink Himalayan Salt. SiseLYTE is made with coconut water, a blend of 59 ionic trace minerals, and a secondary blend of trace minerals to boost hydration and increase overall health.*

Balance cell fluid with SiseLYTE's added betaine anhydrous, a compound that balances water in the cells and boosts energy production. SiseLYTE supports muscle function with magnesium, potassium, and calcium, which are essential nutrients for muscle contraction and relaxation. SiseLYTE also supports muscle recovery with added vitamin C and fulvic powder. All of these benefits come in convenient single-serving packets that you can take with you anywhere.*

DIRECTIONS

► Add one stick pack to 12–16 oz of water and mix well.

Also available in other delicious flavors. Store in a cool, dry place.



INGREDIENT FEATURES & BENEFITS

- **Body Hydration:** Increase full-body hydration with natural electrolytes from Pink Himalayan Salt, coconut water, and a blend of 59 ionic trace minerals.*
- **Cellular Hydration:** Increase hydration in the cells with betaine anhydrous which helps retain water to protect cells.*
- **Energy Production:** Boost energy production and performance with betaine anhydrous which can help fuel muscles through creatine synthesis, and with magnesium which can help activate enzymes involved in converting food into usable energy.*
- **Muscle Function:** Fortify your muscle function with magnesium to provide energy muscles need to contract, potassium which is essential for transmitting nerve signals that trigger muscle contractions, and calcium to support muscle movement and strength.*
- **Recovery:** Fuel muscle recovery with vitamin C which also supports the immune system, and fulvic powder which helps with the transport of minerals and nutrients into cells.*

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.*

INGREDIENTS

Net Weight: 3.1 oz (88 g) • 10 Packets

Supplement Facts		
Serving Size: 1 Packet (8.8 g)		
Servings Per Container: 10		
Amount Per Serving	% Daily Value	
Calories	10	
Total Carbohydrate	less than 1 g	<1%*
Vitamin C (as Ascorbic Acid)	90 mg	100%
Calcium (as Calcium Complex)	60 mg	5%
Magnesium (as Magnesium Sulfate)	50 mg	12%
Chloride	1830 mg	80%
Sodium	750 mg	33%
Potassium (as Potassium Citrate, Potassium Phosphate)	400 mg	9%
Proprietary Blend	1.5 g	**
Coconut Water Powder, Betaine Anhydrous, Trace Mineral Blend, Fulvic Powder		
* Percent Daily Values are based on a 2,000 calorie diet		
** Daily Values not established		

OTHER INGREDIENTS: Citric Acid, Pink Himalayan Sea Salt, Natural Flavors, Stevia (Leaf) Extract

Contains Milk.

WARNING

If you are under the age of 18, pregnant, nursing, or have a pre-existing medical condition, consult with your health care provider before taking this product. Discontinue use and contact your health care provider if any adverse reactions occur. Do not use if pouch is torn or seal is broken. Keep out of the reach of children.

Manufactured for:

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MANUFACTURED IN U.S.A.
F144748-10-01

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