# Turn&Burn<sup>™</sup>

Lose Weight Fast and Keep It Off

If you struggle to lose weight and keep it off, you're not alone. You may have thought there was no way to lose those stubborn pounds no matter how much you diet and exercise, or what weight loss plan you tried. You may have even thought that continual weight gain was impossible to avoid. But you've probably never thought about the color of your fat as a contributor to gaining and retaining weight.

The body is made up of two types of fat cells: white fat cells and brown fat cells. White fat cells are made up of a single, large lipid droplet and have fewer mitochondria, which are the energy-producing organelles inside the cell. Brown fat cells contain multiple small lipid droplets and many energy-producing mitochondria.

As white fat cells accumulate and store fat, weight gain occurs. Conversely, high amounts of brown fat have been proven in scientific studies to increase calorie and fat burning, as well as energy levels.

Turning white fat cells into energy for brown fat cells significantly increases the body's ability to burn fat, lose weight, and maintain a healthy weight. Now, science and nature have provided the answer to turning stubborn fat storage into a fat burning engine.



Turn&Burn<sup>™</sup> is a revolutionary, one-of-a-kind weight loss system, comprised of a daytime and nighttime formula, only available through Sisel. Numerous scientific studies confirm that our proprietary blend of unique natural ingredients combine to convert white fat stores into brown fat energy, moving the body into a thermogenic state for weight loss. Turn&Burn, along with a clean diet and regular exercise program, supports your weight loss goals and healthy lifestyle. Be a part of our weight loss revolution as you Turn and Burn your way to a slimmer, healthier you!

TURN white fat cells that store calories into energy for brown fat cells that BURN calories.







### FEATURES AND SUPPORT BENEFITS

- Turns white fat into energy for brown fat to burn substantially more calories.\*
- Supports a thermogenic state in your body, increasing body temperature to speed up calorie burning and weight loss.\*
- Increases energy levels for increased activity.\*
- Improves restful sleep which is known to speed up weight loss and prevent muscle loss.\*

### DIRECTIONS

*Daytime Formula:* Take 3 capsules in the morning. May be taken with or without food.

*Nighttime Formula:* Take 3 capsules before bedtime. Melatonin may produce drowsiness.

#### CAUTION

If you are under the age of 18, pregnant nursing, or have a pre-existing medical condition, consult with your health care provider before taking this product. Discontinue use and consult your health care provider if any adverse reaction occurs. Do not use if tamper-evident seal is broken. Keep out of the reach of children.



\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Manufactured for: Sisel International, LLC P.O. Box 369, Springville, UT 84663 **Sisel International AG** Grundacher 5 6060 Sarnen, Switzerland

Take advantage of the Sisel opportunity today. Get started by contacting the person who gave you this flyer, or go online at **www.sisel.net** for more information.

## Turn&Burn™

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### **Daytime Formula**

90 Capsules

## **Supplement Facts**

Serving Size: 3 Capsules	Serving Per Container: 30	
Amount Per Serving	% Daily Value*	
Calories	5	
Total Carbohydrates	1g 0%	
Proprietary Blend	1150 mg **	
Green Tea Extract, Rutin (Sophora japonica), Cocoa Bean Extract, Coffee Bean Extract, Curcumin, Olive Leaf Extract, Kudzu Extract (Puerariae lobata) (Root), Black Pepper Extract.		
* Persent Deily Values are based on a 2 000 caloria dist		

- \* Percent Daily Values are based on a 2,000 calorie diet.
- \*\* Daily Value not established.

OTHER INGREDIENTS: Hypromellose (vegetable capsule), Microcrystalline Cellulose, Stearic Acid (vegetable), Silicon Dioxide.

### **Nighttime Formula**

90 Capsules

### Supplement Facts

Serving Size: 3 Capsules	Serving Per Container: 30	
Amount Per Serving	% Daily Value*	
Calories	5	
Total Carbohydrates	1g 0%	
Proprietary Blend1111 mg**Quercetin, Grape Seed Extract, Cocoa Powder, Resveratrol (Polygonum cuspidatum), Fucoxanthin Seaweed (Laminaria japonica), Pomegranate Extract, Ginger Root Extract, Melatonin.		
* Percent Daily Values are based on a 2,000 calorie diet. ** Daily Value not established.		

OTHER INGREDIENTS: Hypromellose (vegetable capsule), Microcrystalline Cellulose, Stearic Acid (vegetable), Silicon Dioxide.

To learn more, contact: