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Product Information Page

Ever Calm™

Daily Relaxation Support

Find your calm with this soothing blend of adaptogenic, mood-supporting ingredients, including KSM-66® Ashwagandha, Rhodiola rosea, L-theanine, and gamma-aminobutyric acid (GABA). These ingredients and other supporting botanical extracts may help reinforce feelings of wellbeing and relaxation during times of occasional stress while supporting healthy cognition and sleep.*



PRODUCT DESCRIPTION

Life doesn't slow down, but targeted nutritional support can encourage calmness amidst the chaos. Ever Calm™ is formulated with a powerful adaptogenic herbal extract—KSM-66® Ashwagandha, which has been shown in numerous studies to promote relaxation, encourage healthy cognitive function, and aid in stress management.*

In addition to Ashwagandha, calming support may come from Rhodiola rosea, GABA, L-theanine, and other adaptogenic botanicals including lemon balm, holy basil, passionflower, and organic reishi mushroom. Together, these ingredients promote a balanced mood, support mental clarity and focus, and encourage healthy sleep quality. Consuming Ever Calm daily or as needed may support feelings of tranquility and wellbeing.*

DIRECTIONS

- Take 2 capsules daily with 8 oz of water.

Store in a cool, dry place.



INGREDIENT FEATURES & BENEFITS

- **Occasional Stress Management:** KSM-66® Ashwagandha and Rhodiola rosea are adaptogenic botanicals traditionally used to encourage the body to adjust to everyday stressors. Together, they may help promote calmness and relaxation during times of occasional stress.*
- **Cognition and Focus:** L-theanine, Ashwagandha, and Rhodiola rosea may help support healthy cognitive function, including mental clarity and focus, as part of a balanced lifestyle.*
- **Mood Balance:** GABA, Rhodiola rosea, and holy basil may help promote a sense of emotional balance and overall wellbeing.*
- **Relaxation:** Ever Calm's soothing blend of ingredients help promote relaxation, ease tension, and support a sense of calm after a busy day, while helping support healthy sleep quality.*

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.*



EVERYDAY STRESS MANAGEMENT
Promotes calmness during times of occasional stress with KSM-66® Ashwagandha.

MOOD BALANCE
Encourages emotional balance and well-being with GABA, rhodiola rosea, and holy basil.

RELAXATION
Supports relaxation and eases tension with a soothing blend of natural extracts.

HEALTHY COGNITION
Supports mental clarity and focus with L-theanine, ashwagandha, and Rhodiola rosea.

INGREDIENTS

60 Capsules

Supplement Facts

Serving Size: 2 Capsules
Servings Per Container: 30

Amount Per Serving		% DV
Calories	5	
Total Carbohydrate	< 1 g	<1%*
KSM-66® Ashwagandha Root Extract (Withania Somnifera Root)	300 mg	**
Proprietary Blend	540 mg	**
Rhodiola Rosea Extract, L-Theanine (from Green Tea Extract), GABA (Gamma-Aminobutyric Acid), Lemon Balm, Holy Basil Extract, Passion Flower Extract, Organic Reishi Mushroom Extract.		

* Percent Daily Values are based on a 2,000 calorie diet
** Daily Value (DV) not established

OTHER INGREDIENTS: Hypromellose (Vegetable Capsule), Rice Flour, Stearic Acid (Vegetable), Silicon Dioxide.

KSM-66® is a trademark registered and owned by Ixoreal Biomed Inc.

WARNING

If you are under the age of 18, pregnant, nursing, or have a pre-existing medical condition, consult with your health care provider before taking this product. Discontinue use and contact your health care provider if any adverse reactions occur. Do not use if tamper-evident seal is broken. Keep out of the reach of children.

SISEL SAFE | NO ANIMAL TESTING | GLUTEN FREE | 2 HDPE

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