## **Brain VITALITY**<sup>TM</sup> Extreme Cognitive Support

The human brain is the largest internal organ in the body and one of the most susceptible to deterioration through the aging process. **Brain VITALITY**<sup>™</sup> contains scientifically advanced, bioavailable ingredients like Magnesium Threoninate, Bacopa, DMAE, Alpha-GPC, and Alpha-Lipoic Acid designed to promote improved memory and cognition. It may also support your ability to concentrate and remain focused.\*

**Magnesium Threoninate,** a more bioavailable form of magnesium, supports an enhance of cognitive function by effectively crossing the blood-brain barrier. Its ability to boost magnesium levels in the brain may aid with improved memory, learning, and overall brain health.

**DMAE (dimethylaminoethanol)** supports cognitive function, such as mental clarity and focus, by helping enhance the production of acetylcholine, a neurotransmitter associated with memory, learning, and overall cognitive performance.

**Methyltetrahydrofolate**, the active form of folate, can be readily absorbed by the body, ensuring efficient utilization and supporting crucial processes like neurotransmitter synthesis, which can enhance mood and cognitive function.

**Curcuma Longa** (curcuminoids) supports cognition, memory, and attention span and is more bioavailable than traditional turmeric supplements.

**Fenugreek Galactomannans** may stimulate and regenerate brain cells. Fenugreek may also improve libido, mood, and mental awareness in both men and women.

Bacopa Monnieri contains saponin compounds which can help the brain communicate with itself. Bacopa promotes healthy brain functions that involve cognition, learning, and memory.

Alpha-GPC (L-alpha glycerylphosphorylcholine) is recognized for its role in supporting cognitive function by providing a bioavailable form of choline, a precursor to acetylcholine.

Alpha-Lipoic Acid (ALA) has been suggested to support cognitive function by promoting mitochondrial health and energy production, potentially contributing to improved mental clarity and overall brain performance.

**Phosphatidylserine** has been associated with cognitive benefits, including improved memory, attention, and overall mental clarity, by supporting the structural integrity and function of brain cell membranes. Additionally, it may help mitigate the effects of stress on the brain, promoting a more balanced and resilient cognitive state.

Milk Thistle may aid in neuroprotection and could have potential applications in supporting overall brain function.

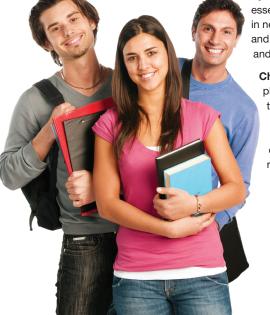
> **Pyridoxine HCI** is a form of vitamin B6, essential for brain health as it plays a crucial role in neurotransmitter synthesis, such as serotonin and dopamine, contributing to mood regulation and cognitive function.

**Cholecalciferol,** also known as vitamin D3, plays a role in neuroprotection and supports the synthesis of important neurotransmitters. Additionally, maintaining adequate levels of vitamin D3 has been linked to a reduced risk of cognitive decline, emphasizing its potential role in maintaining optimal brain function.

It's Like a Gym Membership for Your Brain









#### FEATURES, BENEFITS & SUPPORT

- •Supports blood circulation for brain health.\*
- •Encourages the receptors important for cognitive abilities.\*
- •Contributes to brain plasticity.\*
- •Can help with focus, concentration and memory.\*
- •Supports the stimulation of brain cells.\*
- Provides nutritional brain support.\*

### SUGGESTED USE

Take 4 capsules daily with 8 oz of water.

#### CAUTION

If you are under the age of 18, pregnant, nursing, taking prescription medication, or have a pre-existing medical condition, consult your health care provider before taking this product. Do not use if tamper-evident ring or seal is broken or missing. Keep out of reach of children.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

# **Brain VITALITY**

Extreme Cognitive Support

120 Capsules

## **Supplement Facts**

Serving Size: 4 Capsules Serving Per Container: 30

Amount Per Serving	% Da	ily Value
Vitamin D (as Cholecalciferol)	20 mcg	100%
Vitamin B6 (as Pyridoxine HCI)	10 mg	588%
Folate (as Methyltetrahydrofolate)	400 mcg D (240 mcg)	FE 100%
Magnesium (as Magnesium Threonin	nate) 20 mg	5%

**Proprietary Blend** 

1709 mg

Bacopa Monnieri (Herb) Extract, Magnesium Threoninate, Alpha-Glycerylphosphorylcholine (Alpha-GPC), Dimethylaminoethanol (DMAE) Bitartrate, Phosphatidylserine, Curcuma Longa (Rhizome) Extract, Fenugreek Galactomannans (Seed) Extract, Milk Thistle (Fruit) Extract, Alpha-Lipoic Acid, Black Pepper (Fruit) Extract.

\* Daily Value (DV) not established.

#### **OTHER INGREDIENTS**

Hypromellose (vegetable capsule), Microcrystalline Cellulose, Bamboo Extract (silica), Stearic Acid (vegetable), Silicon Dioxide.



Manufactured for: Sisel International, LLC P.O. Box 369 Springville, UT 84663

**Sisel International AG** Grundacher 5 6060 Sarnen, Switzerland

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