

# Fire&Ice™ Pineapple Flavor

Thermogenic, Low-Glycemic, Drink Alternative

sisel™

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**Fire&Ice™** is an ideal soda or energy drink replacement for diet and health conscious consumers. It has been formulated as a low-glycemic blend of vitamins, minerals, and fruit that tastes good and is good for you. It will help quench your thirst. When mixed with 8 to 16 ounces of water, **Fire&Ice** will provide powerful nutritional support for decreasing your hunger and increasing your body's ability to burn fat.

## Dynamic Thermogenic Properties

**Fire&Ice** has been designed to provide support to your body's thermogenic capabilities. Combined with diet and exercise, it uniquely boosts your natural ability to burn fat and store energy. It contains vitamin B, potassium, important micronutrients, buffered caffeine, and green tea compounds that, combined with diet and exercise, help support you in your weight loss program, while boosting energy levels.

**Vitamin B-6** helps the body use and store energy from protein and carbohydrates in food.

**Chromium** helps support already-healthy blood glucose levels.

**Thiamin** helps the body use carbohydrates as energy and is essential for glucose metabolism. Thiamin also plays an important role in nerve, muscle, and heart function.



Refreshingly  
Smooth Energy  
Increase Without  
Jitters or Crash!



# Fire&Ice™ Pineapple Flavor

Thermogenic, Low-Glycemic, Drink Alternative

30 PACKETS (5.5 g each)

## FEATURES AND BENEFITS

- Packed with antioxidants for stronger immunity.\*
- Energy boosting.\*
- Provides thermogenic support.\*
- Encourages improved metabolic rate.\*
- Contains Buffered Caffeine for prolonged energy without crash.\*
- Supports already healthy glucose levels.\*
- Supports healthy weight loss goals.\*
- Supports electrolyte balance.\*
- Supports healthy skin.\*

## DIRECTIONS

Empty one packet in 12-16 oz of water. Mix well. Add ice, if desired, for a cool refreshing drink. Store in a cool, dry place. Do not use more than 1 serving at a time. May be used up to 3 times per day.

## CAUTION

Use only as directed. Not for use if you are pregnant, nursing or under 18. Keep out of reach of children. Consult a physician before using this product if you are taking medications, have pre-existing medical conditions or are sensitive to any ingredients. If you experience any adverse effects, discontinue use and immediately consult with a physician. Do not use if the safety seal is torn or opened. Contains 115 mg buffered caffeine per serving. Do not consume caffeinated drinks within 2 hours of taking this product.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

## Supplement Facts / Datos de Suplemento

Serving Size / Tamaño por Porción: 5.5 g  
Servings Per Container / Porciones por Envase: 30

Amount Per Serving / Cantidad por Porción	% Daily Value % Valor Diario	
Calories / Calorías	15	
Total Carbohydrate / Carbohidratos Totales	4 g	1%*
Total Sugars / Azúcares Totales	3 g	**
Vitamin C (as Ascorbic Acid) / Vitamina C (como Ácido Ascórbico)	500 mg	556%
Thiamin (as Thiamine Mononitrate) / Tiamina (como Tiamina Mononitrato)	15 mg	1250%
Riboflavin / Riboflavina	20 mg	1538%
Niacin (as Niacinamide) / Niacina (como Niacinamida)	35 mg	219%
Vitamin B-6 (as Pyridoxine HCl) / Vitamina B-6 (como Piridoxina HCl)	6 mg	345%
Vitamin B-12 (as Methylcobalamin) / Vitamina B-12 (como Metilcobalamina)	0.22 mcg	9%
Biotin / Biotina	100 mcg	333%
Pantothenic Acid (as Calcium Pantothenate) / Ácido Pantoténico (como Pantotenato de Calcio)	12 mg	240%
Copper (as Copper Gluconate) / Cobre (como Gluconato de Cobre)	0.1 mg	11%
Chromium (as Chromium Picolinate) / Cromo (como Picolinato de Cromo)	100 mcg	286%
Potassium (as Potassium Citrate) / Potasio (como Citrato de Potasio)	150 mg	3%

**Proprietary Blend** 217 mg \*\*  
Buffered Caffeine (Caffeine, Mono and Diglycerides), Green Tea (leaf) Extract, Caffeine

**Mezcla Patentada**  
Cafeína amortiguada (Cafeína, Mono y Diglicéridos), Extracto de té verde (hoja), Cafeína

\* Percent Daily Values are based on a 2,000 calorie diet

\*\* Daily Values not established

\* El Porcentaje de Valores Diarios se basa en una dieta de 2,000 calorías

\*\* Valor Diario no establecido

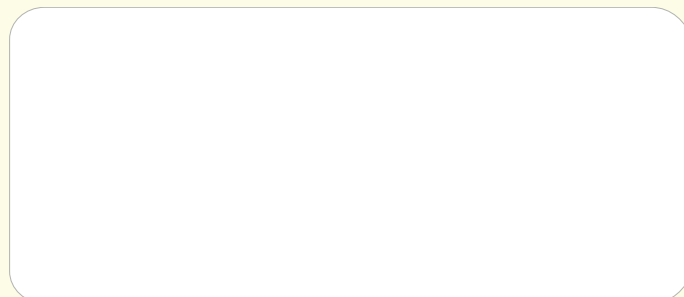
## OTHER INGREDIENTS:

Fructose, Natural Flavors, Citric Acid, Stevia (Leaf) Extract, Malic Acid, Silicon Dioxide, Black Currant.

## OTROS INGREDIENTES:

Fructosa, Sabores Naturales, Ácido Cítrico, Extracto de Hoja de Estevia, Ácido Málico, Dióxido de Silicio, Grosella Negra.

To learn more, contact:



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